



Nunthorpe
Academy

PSHE Citizenship Policy (Statutory)

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Introduction

'Ready, Respectful, Safe'

At Nunthorpe Academy we take a whole school approach to Personal, Social and Health Education (PSHE) and Citizenship. We follow and plan for the statutory requirements of the Relationships and Sex Education policy (RSE), the RSE policy should be read in conjunction with this policy. We also ensure that the content of Keeping Children Safe in Education guidance is reflected. This reflects the needs of the students, the ethos of the school and the broad aims of the National Curriculum.

Citizenship Content

At Key stage 3 we will develop students' understanding of democracy, government and the rights and responsibilities of citizens. Students use and apply their knowledge and understanding whilst developing skills to research and interrogate evidence, debate and evaluate viewpoints, present reasoned arguments and take informed action.

Students are taught about:

- The development of the political system of democratic government in the United Kingdom, including the roles of citizens, Parliament, the monarch the operation of Parliament, including voting and elections, and the role of political parties.
- The precious liberties enjoyed by the citizens of the United Kingdom.
- The nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals.
- The roles played by public institutions and voluntary groups in society, and the ways in which citizens work together to improve their communities, including opportunities to participate in school-based activities.
- The functions and uses of money, the importance and practice of budgeting, and managing risk.

At Key stage 4, teaching builds on the key stage 3 programme of study to deepen students' understanding of democracy, government and the rights and responsibilities of citizens. Students develop their skills to be able to use a range of research strategies, weigh up evidence, make persuasive arguments and substantiate their conclusions. They will experience and evaluate different ways that citizens can act together to solve problems and contribute to society. Students complete a qualification in Financial capability through the London Institute of Banking and Finance.

Students are taught about:

- Parliamentary democracy and the key elements of the constitution of the United Kingdom, including the power of government, the role of citizens and Parliament in holding those in power to account, and the different roles of the executive, legislature and judiciary and a free press.
- The different electoral systems used in and beyond the United Kingdom and actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond.

This policy will be kept under regular review in light of legal developments and best practice.



- Other systems and forms of government, both democratic and non-democratic, beyond the United Kingdom.
- Local, regional and international governance and the United Kingdom's relations with the rest of Europe, the Commonwealth, the United Nations and the wider world.
- Human rights and international law.
- The legal system in the UK, different sources of law and how the law helps society deal with complex problems.
- Diverse national, regional, religious and ethnic identities in the United Kingdom and the need for mutual respect and understanding.
- The different ways in which a citizen can contribute to the improvement of his or her community, to include the opportunity to participate actively in community volunteering, as well as other forms of responsible activity.
- Income and expenditure, credit and debt, insurance, savings and pensions, financial products and services, and how public money is raised and spent.

PSHE Content

The programme of study covers both Key Stage 3 and 4 and is based on three core themes within which there will be broad overlap with the Citizenship content. This policy and the themes below should be read in conjunction with and awareness of the RSE policy that is statutory.

1. Health and Wellbeing.
2. Relationships and Sex Education.
3. Living in the Wider World.

At Key Stage 3, PSHE education acknowledges and addresses the changes that learners are experiencing, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the skills which will equip them for the opportunities and challenges of life. Students are encouraged to manage diverse relationships and the increasing influence of peers and the media. PSHE education allows them to be more confident in addressing the challenges of effective learning and making a full and active contribution to society.

At Key Stage 4, students extend and rehearse the skills, further explore attitudes and values, and deepen knowledge and understanding acquired during Key Stage 3. PSHE education reflects the fact that learners are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.



<p>Health and Wellbeing</p> <p>Students are taught about...</p>	<p>Relationships</p> <p>Students are taught about...</p>	<p>Living in the Wider World</p> <p>Students are taught about...</p>
<ol style="list-style-type: none"> 1. How to manage transition 2. How to maintain physical, mental and emotional health and wellbeing including sexual health 3. About parenthood and the consequences of teenage pregnancy 4. How to assess and manage risks to health and to stay, and keep others, safe 5. How to identify and access help, advice and support 6. How to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco; maintaining a balanced diet; physical activity; emotional health and wellbeing and sexual health 7. How to respond in an emergency including administering first aid 8. The role and influence of the media on lifestyle. 	<ol style="list-style-type: none"> 1. How to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting skills 2. How to recognise and manage emotions within a range of relationships 3. How to deal with risky or negative relationships including all forms of bullying (including the distinct challenges posed by online bullying) and abuse, sexual and other violence and online encounters 4. About the concept of consent in a variety of contexts (including in sexual relationships) 5. About managing loss including bereavement, separation and divorce 6. To respect equality and be a productive member of a diverse community 7. How to identify and access appropriate advice and support. 	<ol style="list-style-type: none"> 1. About rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy 2. How to make informed choices and be enterprising and ambitious 3. How to develop employability, team working and leadership skills and develop flexibility and resilience 4. About the economic and business environment 5. How personal financial choices can affect oneself and others and about rights and responsibilities as consumers.

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Whole School Approach

Provision for Personal, Social and Health Education (PSHE) & Citizenship in the academy comes from a variety of identifiable sources:

1. Life Lessons

During Life lessons students learn about: enterprise and an understanding of economic wellbeing, Relationships and Sex education, British values, global issues and diversity, healthy lifestyle choices and drug and alcohol awareness.

2. Pastoral programme

Through form-tutor led activities during registration, assessing learning and progress, mentoring, target setting and reporting every term, PSHE and Citizenship development is promoted and monitored. Closely linked to SMSC, British Values and diversity.

3. Assemblies

These are delivered by members of staff and external agencies/ guest speakers during the year and promote and/or address a wide range of PSHE and Citizenship themes, British values and the inclusive ethos of the school.

4. National Curriculum lessons

Within subjects and courses many aspects of PHSE & Citizenship are delivered; the overview can be found on the academy website.

5. Extra-curricular activities

Through a growing range of clubs, visits and wider opportunities, School Council and debating events, students have the chance to develop personally, socially, emotionally and culturally. This will be logged in provision map.

6. Wider community

Our links with the immediate and global community enables students to reflect on their place in the world and appreciate the importance of relationships and an understanding, acceptance and respect of other cultures and beliefs. (SMSC Gold charter mark was achieved in January 2023)

7. KS4 – Specialist Careers and Post 16 Events

Year 11 Parents' Information Evening and Year 9 - 13 Careers fair – parents and students are invited along to these events to get an opportunity to prepare for adult life, post 16 employment and education through a varied input from further education, higher education, local industry and other guest speakers and interviewers.

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8. Accessibility

- Nunthorpe academy is committed to the inclusion for all members of our community.
- At Nunthorpe academy we will ensure that all students are able to access every part of the PSHE and Citizenship curriculum no matter the need of the students.
- Adjustments can be made to ensure that all students can be included. Where there may be concerns regarding the accessibility of a student, this will be raised with parents/carers and solutions will be sought.